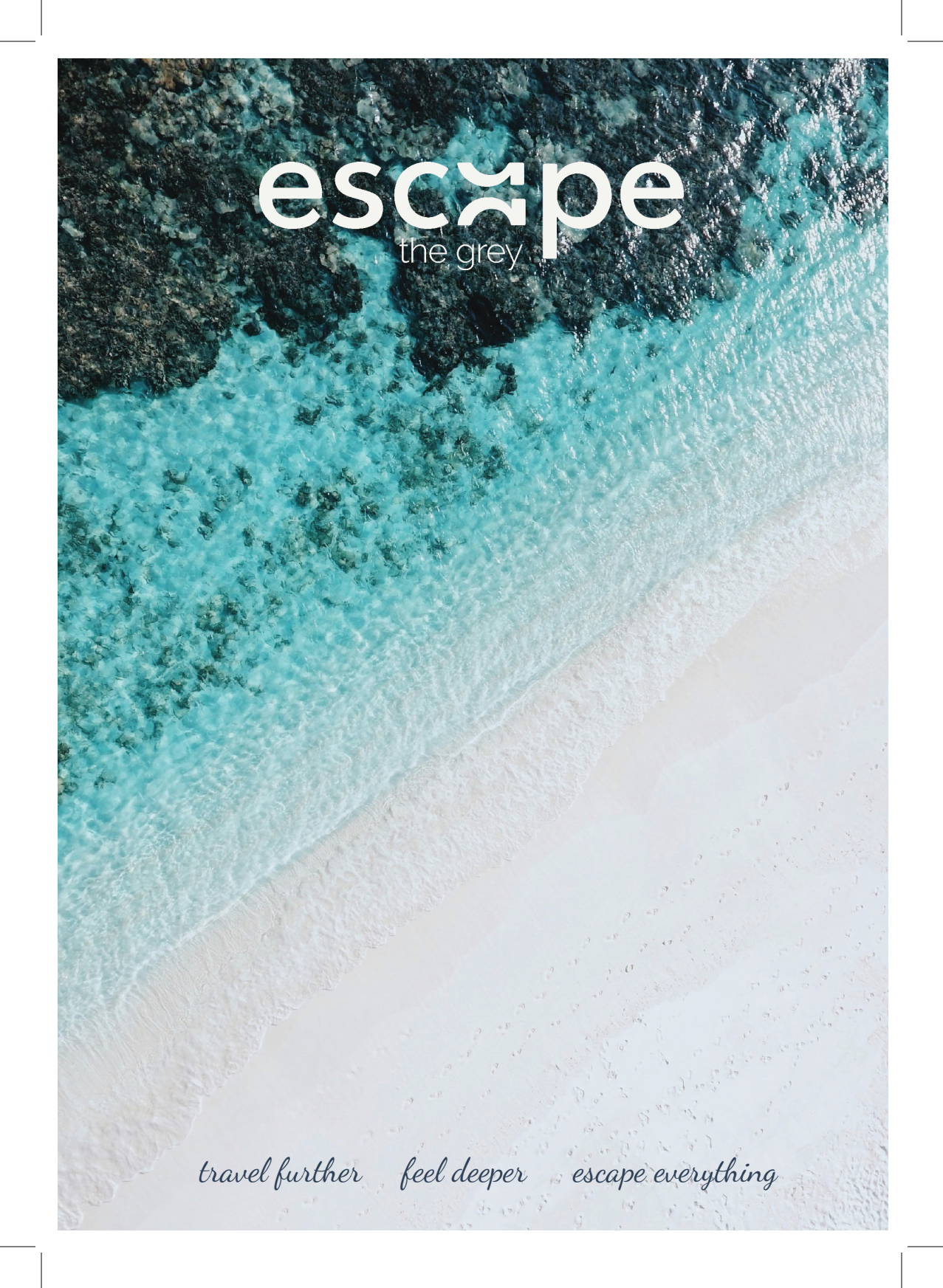


An aerial photograph of a tropical beach. The top half of the image shows dark, rocky terrain with patches of green vegetation. Below this, the water transitions from a deep turquoise to a lighter, foamy white as it meets the shore. The bottom half of the image is a wide, sandy beach with visible footprints and some small puddles of water.

escape

the grey

travel further feel deeper escape everything



1

JUST GO FOR IT

Ever found yourself thinking, “I can’t stand this weather,” or muttering, “It’s so dull outside” as you pull your coat tighter against the wind? Maybe you’ve sighed at the endless grey skies, stared longingly at travel photos online, or daydreamed about escaping to a place where the sun actually shows up every day. You’re not alone, and you don’t have to keep wishing.

What if you could swap those rain-soaked commutes and damp weekends for golden beaches, vibrant sunsets, and warm evening breezes? Imagine waking up to the sound of waves, sipping your morning coffee on a sun-drenched balcony, or strolling through colorful markets without a cloud in sight. It’s not just a fantasy, it’s entirely possible.

This is your chance to press pause on the grey and step into the bright. Whether you’re craving a quick getaway to recharge, planning the trip of a lifetime, or even considering a more permanent escape to sunnier shores, now’s the perfect time to turn those daydreams into plans. The world is full of sunshine, you just need to decide where you want to find yours. 2

CONTENTS

05 | Editors Note

A quick welcome from our travel team

07 | Destination Edit:

Salt air, slow mornings & seaside studios - why Croatia's coast is calling

09 | In The Flow

Stories from digital nomads all over the world - the highs, the homes, the hacks

13 | Living Light

Travel-friendly gear and tools for a flexible, beautiful life

19 | Off-Grid but Online

Disconnect without disappearing — the best wild Wi-Fi spots

21 | Work, Wander, Repeat

Real routines from real nomads, balancing focus and freedom

23 | Spaces We Love

Design-forward places that spark joy and flow, and solid download speeds

25 | The Lifestyle Edit

Slow fashion, indie coffee, breathwork, playlists - your cultural fix

27 | Stay Safe, Travel Far

Freedom starts with feeling safe

29 | Destination Edit:

Why the Philippines might be your next inbox escape

You know that moment right before everything changes?
Maybe it's the sunrise seen from a plane window. Maybe is the ping of a message that says "do you want to work from here this week". Or maybe it's just the quiet realisation that you're no longer waiting for permission to live the life you actually want.

That's the space *Escape the Grey* lives in.

This isn't a brochure, not really. It's a moodboard. A travel companion. A spark.
It's for anyone who has ever felt the pull to trade in routine for curiosity – even if only for a while.

We believe in long mornings. In Wi-Fi that works from the mountains. In homes that move. In less stuff and more stories.

We believe there is more than one way to live well – and that space between work and wander is where magic happens.

In these pages, you'll find inspiration, not instruction.

Places that spark something. Stories that sound like your own. Ideas you may not have Googled yet.

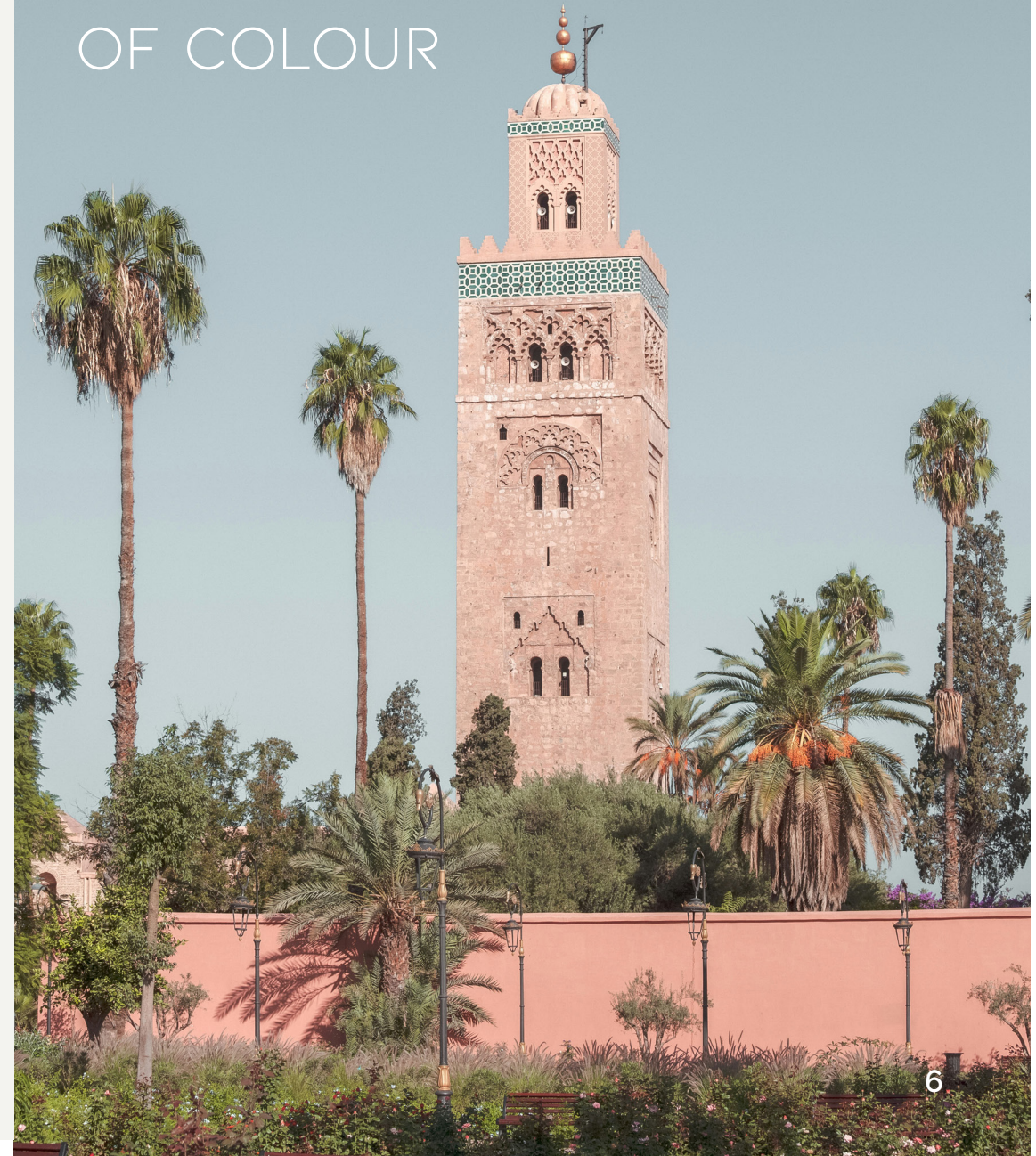
So wherever this finds you, *this is your nudge*.

Just go for it.

Kara Stirrat

escape
the grey

WHAT IF GREY WAS JUST THE BEGINNING OF COLOUR



DESTINATION EDIT: *Coastal Croatia*

*Work doesn't have to mean one place.
neither does home*

7

Why is Croatia Quietly Becoming the Nomad's New Muse?

There's something about the Adriatic coast that softens your pace without slowing your ambition.

In Croatia, time bends, mornings stretch long over espresso and sea spray, and golden hour feels like it lasts forever. But the Wi-Fi's fast, the coffee's strong, and the creative energy is unmistakable. It's the kind of place where work feels lighter, like your to-do list might finally meet the day without friction.

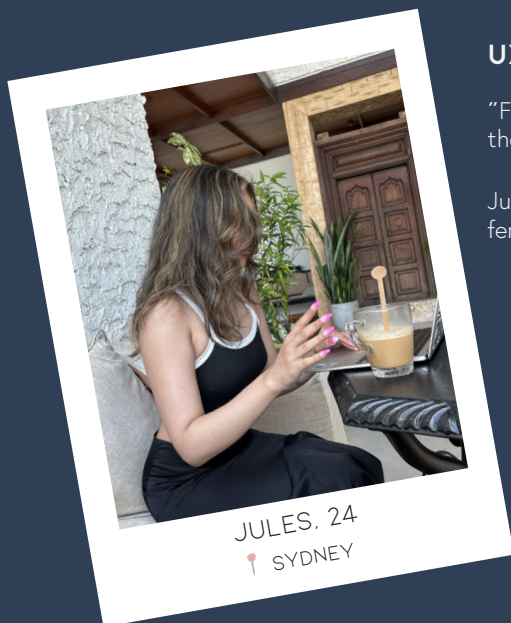
You'll find digital nomads tucked into stone-walled cafés in Split, or setting up their second screen on terraces in Dubrovnik with medieval views in the background. In Zadar, it's sunset by the sea after a day of deep focus. The kind of balance that seems too good to be true until you live it, even briefly.

What's quietly magical about this coastline is its rhythm. It's not trying to impress you. It's wild, beautiful, and grounded, the kind of place that welcomes you with salt air and doesn't need a hard sell

For the solo wanderer, creative freelancer, or team planner who's done with the typical, this one's for you.



8



JULES. 24
📍 SYDNEY

UX DESIGNER

"Flexibility is my anchor. I work 7-11am, then spend the rest of the day exploring."

Jules arrived in Sydney on a group tour for solo females, and made the decision to stay permanently.



AMARA. 33
📍 COSTA RICA

DATA ANALYST

"People think you can't do deep work remotely. You can! I've designed my life from cafés in Thailand. I start early and head to coworking spaces after lunch if it gets too crowded. My sharpest focus is between 10-4. That structure has never worked better for me."

Amara starts early, headphones on, spreadsheets up. After lunch, it's yoga or waterfall hikes. Amara says she's chasing presence, not productivity. Still, her output's never been better.

FREELANCE COPYWRITER

"This life isn't perfect, but it's honest. I feel more like myself on the road than I ever did at home."

Kemi works 2 client days then a personal day to allow time to explore Laos, and hopes to move to other parts of Asia to continue exploring.



KEMI. 27
📍 LAOS

CREATIVE GAMES DEVELOPER

"My rule is: build before noon, explore after. The second half of the day feeds the first."

Leo blends code with creativity and chooses cities that spark both. His Lisbon base offers good Wi-Fi, better espresso, and enough quiet to ship his best work yet.



LEO. 29
📍 LISBON

I stopped chasing weekends and
started designing days.
Now, work happens somewhere between
oceans and old cities,
in cafés where no one knows my
name,
at sunrise, on rooftops, in notebooks
and cloud drives.
I still show up, just not in the way
they told me I had to.
This isn't a break from life.
This is life





Our handpicked list of travel essentials you need for both working and living



LIVING LIGHT

Paperweight Kindle
Books without bulk, for airport delays, beach days, and offline nights

Portable Laptop Stand
That elevates your laptop for better posture and airflow

Airpods
Silence is a productivity tool

Camera
For capturing the quiet details you'll want to remember

Notebook
For thoughts that hit better offline





Living light isn't just about your luggage.

It's how you move through the day, what you leave behind, and what you no longer chase.

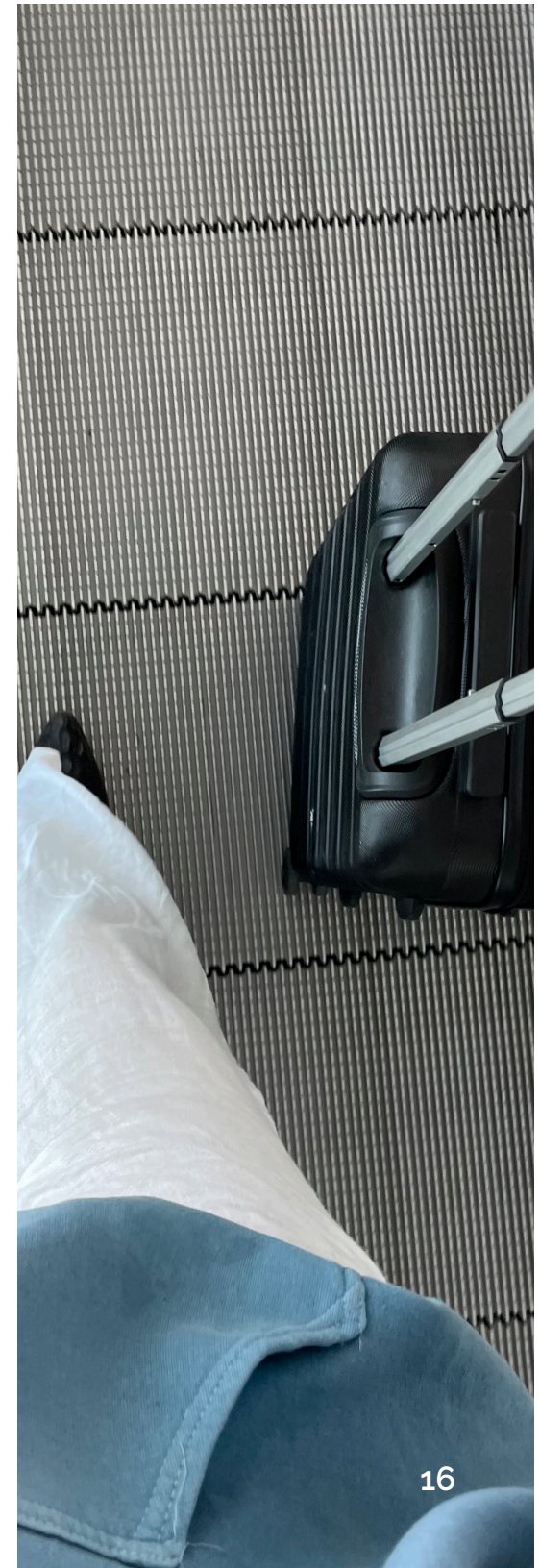
It's the moment you stop packing guilt and start packing snacks.

The decision to own less, so you can live more.

This lifestyle demands movement, but it rewards stillness.

WHAT WE ARE LEAVING BEHIND

- Alarm clocks
- Commuter rage
- Bad coffee
- Furniture that never fit
- 30 unread tabs
- Plans made out of obligation
- The phrase "I'll do it when..."



Helen Keller

Life is either
a daring adventure
or nothing at all





Because going offline doesn't mean going dark.

It means going inward.

It means starting the day with salt air, not screen time.

It means stepping away,

So when you show up, you're fully there.

The best ideas don't always live in your inbox.

They come mid-mountain walk. Mid-ocean float.

They arrive in the calm, when the noise clears and your mind unknots.

This is your permission slip.

To rethink the grind.

To take the call from a hammock.

To make space, not just progress.

Because remote work isn't just about the laptop —

It's about the life wrapped around it.

Deadlines still get met.

You still deliver.

But the process, the pace,

Feels human again.

And that changes everything.

WORK. WONDER. REPEAT



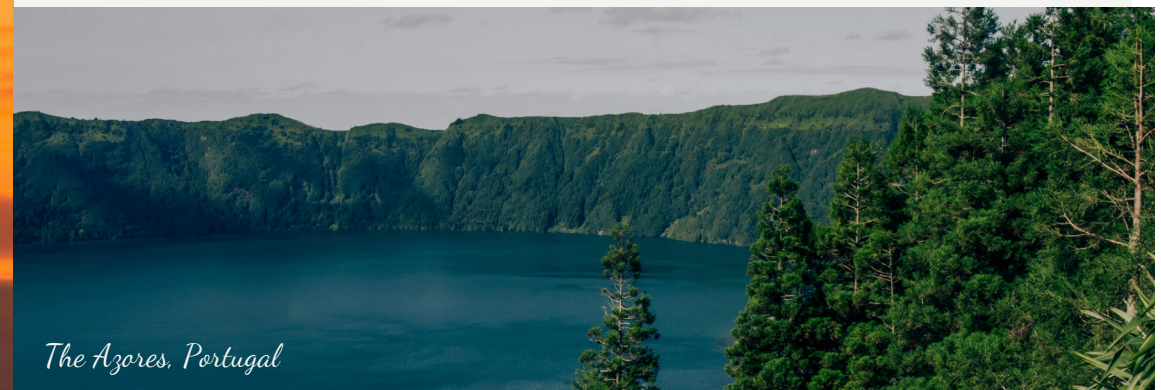
Ericeira, Portugal

surf in the morning, slack in the afternoon



Luang Prabang, Laos

temples, rivers, and seriously underrated Wi-Fi



The Azores, Portugal

volcanic hikes + volcanic coffee shops



Nestled just 150 meters from the sun-kissed shores of Costa Rica's Nicoya Peninsula, Selina Santa Teresa South offers more than just a place to stay, it provides a lifestyle. For digital nomads craving a seamless blend of work and leisure, this spot delivers with its thoughtfully designed coworking spaces and vibrant community.

The coworking area boasts 40 hot desks, two private phone booths, and a meeting room, all equipped with high-speed internet to keep you connected. Need a break? Step outside to the on-site pool or participate in wellness sessions designed to rejuvenate your mind and body.

Accommodations range from shared dorms to private rooms, catering to various preferences and budgets. Beyond the workspace, Selina offers surf lessons and yoga classes, embracing the local culture and natural beauty.

Whether you're drafting proposals by day or catching waves by dusk, Selina Santa Teresa South ensures that your work-life balance isn't just maintained, it's elevated.

SPACES WE LOVE

Perched atop a rocky outcrop in the heart of Zermatt, The Omnia redefines the mountain lodge experience. This 30-room boutique hotel seamlessly blends modernist design with alpine charm, offering panoramic views of the Matterhorn and the surrounding village.

Each room and suite is a study in understated luxury, featuring clean lines, locally crafted furnishings, and thoughtful touches like open fireplaces and cedar tubs. The absence of room numbers adds to the personalized experience, making each stay feel uniquely yours.

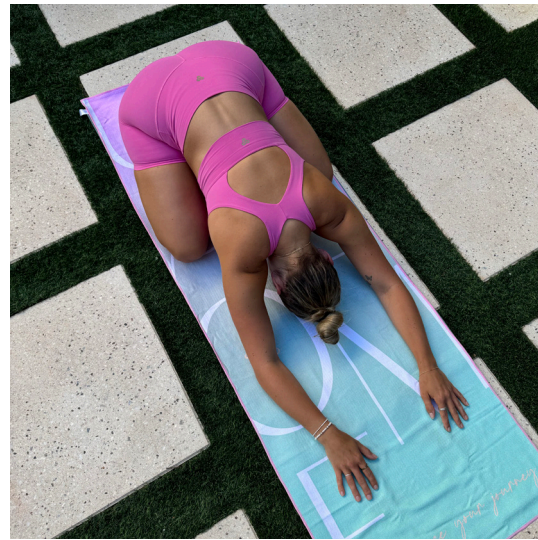
The hotel's wellness area is a sanctuary of relaxation, boasting

a heated indoor pool, sauna, and a jacuzzi with breathtaking mountain vistas. It's the perfect place to unwind after a day of exploration or focused work.

For digital nomads, The Omnia offers more than just accommodation, it's a thoughtfully designed space where serene ambiance and reliable high-speed internet support both focus and creativity. The lobby, lounge, and terrace provide inspiring settings for both work and contemplation.

Whether you're seeking a retreat to focus on your next project or wish to explore the Swiss Alps... The Omnia offers a harmonious blend of luxury, design, and inspiration.





THE lifestyle EDIT



Because how you get dressed is how you show up.

There's something grounding about owning less, but choosing better. A jacket stitched with care. A linen shirt that's been worn through every timezone, every version of you. It softens, adapts, and stays. This isn't fast fashion – it's slow identity. It's the difference between packing for a trip and dressing for a life.

In a world of scrollable trends and overnight shipping, wearing slow is an act of intention. It says: I know who I am, and I don't need more to prove it.

You don't need a full wardrobe overhaul. Just start with the one piece you always reach for; the item that makes you feel most you, even far from home. Clothes with memory tend to age better. So choose what carries stories, not logos.

Brands we trust?
ASKET – seasonless, traceable essentials.
Pangaia – future-focused fabrics, science with soul.
And anything vintage – softened by time, unique by default.
Wear the repeat pieces. The well-worn things. The clothes that travel with you emotionally, not just physically.

It's not just about fashion.
It's about energy.
And how you move through the world.
Less, but more you.

Because your best ideas start with a pause.

We've romanticised the coffee shop for a reason. It's not just caffeine, it's the hum, the moment, the ritual. Whether you're grounded in Berlin, Buenos Aires, or Bali, find your "third place" – the one between home and hustle.

A mug you love. A corner table. A playlist you only use for deep work. This is where the shift happens, from scattered to centred.

Our suggestions?
Café Kitsuné
% Arabica
Or that unknown espresso bar on a cobbled street with no sign at all.

Because you can't download clarity, but you can invite it.

Before the inbox. After the scroll. Somewhere in the soft middle of your day, give yourself 4 minutes. Inhale for 4, hold for 4, exhale for 4, pause for 4. (Box breathing. Free, reliable, ancient.)

Music helps too, but not just anything. Build a playlist that signals flow. Jazz for mornings. Ambient for late-night layouts. Lo-fi for the in-between.

Try: Endel for AI-generated focus soundscapes. Open for breathwork that travels with you.

Because travel is more than moving. It's how you shape your space, your time, your self.

STAY SAFE, TRAVEL FAR

Travel is more than a change of scenery, it's a shift in rhythm, perspective, and presence. For digital nomads, it's a lifestyle rooted in movement: new cities, fresh co-working spots, fast friendships. But with that freedom comes responsibility, especially when it comes to staying safe on the road.

Whether you're hopping between hostels, setting up camp in mountain towns, or working remotely from a beachside café, safety isn't about paranoia, it's about preparedness. When your life fits in a backpack and your office changes weekly, knowing how to stay grounded is essential.

Know Before You Go: Research your destination, not just where to stay, but what areas to avoid, local scams to watch for, and the vibe of the nomad scene. Reddit, Nomad List, and local expat groups are your best friends.

Stay Connected: Keep a trusted contact updated on your location. Share your accommodation and travel plans, especially if you're moving around frequently.

Smart Tech Habits: VPNs, 2FA, and backups – basic digital hygiene. And never leave your gear unattended, no matter how chill the café feels.

Trust the Gut Check: Whether it's a person, ride, or route, if something feels off, change course. You know more than you think.

Blend, Don't Broadcast: Avoid looking overly flashy, especially in areas with a big income gap. Stay aware, not paranoid. Move with quiet confidence.



It's not about avoiding adventure, it's about being equipped for it. The goal isn't to hide; it's to roam wisely. Because when you feel secure, you show up more fully to the work, the wonder, the whole experience.

Freedom starts with feeling safe.
Stay sharp. Stay open. Keep going.





DESTINATION EDIT: *Siargao, Philippines*

Why the Philippines Might Be Your Next Inbox Escape...

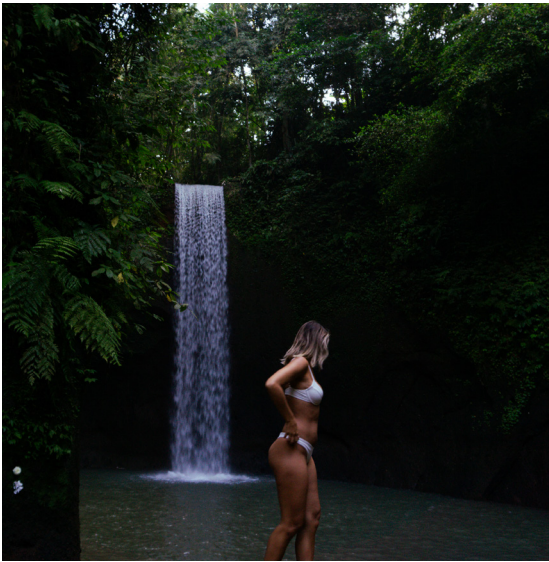
Siargao doesn't ask for much, just that you slow down long enough to notice how good it feels to breathe differently. The mornings here are warm and salt-kissed, where the surf rolls in before the city back home has even stirred. Coconut trees frame your walk to coffee. Your coworking space might be a breezy balcony or a beach café with boards out front and barefoot founders answering emails between waves.

*Yes, the Wi-Fi works.
So does the reset.*



Here, productivity feels less pressured. Focus comes with the sound of distant swell and the hum of scooters passing under sun-faded signage. Spaced Siargao offers coworking designed for quiet flow, and Selina's got the social fix covered with events, film nights, and the occasional kombucha workshop.

The lifestyle? Minimal. Magnetic. Meals are shared, sunsets watched, and days rarely rushed. It's not for everyone, but it's for those who crave clarity, clean energy, and a community that feels found, not forced



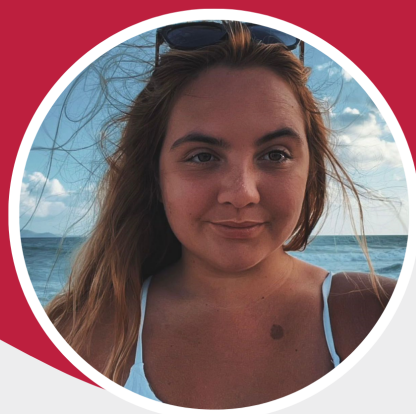
JUST TRAVEL

With Kara

YOUR PERSONAL TRAVEL AGENT

Are you ready to leave the grey skies behind and start exploring the world? Or need a change of office scenery?

Contact Kara now to book your next trip!



Why Choose me?

- Direct access to me, no call centers.
- My services are free
- Experience in both travel & working while travelling

Leave the grey behind and start finding the colour



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JPTS

Just Travel Ltd
Member No 6111

Flamingo BREEZE

At Flamingo Breeze, we're passionate about creating designs that inspire journeys.

As a graphic design and marketing agency with deep roots in the travel industry, we specialize in bringing brands to life through captivating visuals and seamless storytelling. From branding and social media management to content creation and web design, we offer a full suite of services tailored to help your business stand out in a vibrant and competitive market.

Whether you're launching a new venture or looking to refresh your existing presence, we're here to craft designs that leave a lasting impression and help your brand soar. Let's create something extraordinary together!

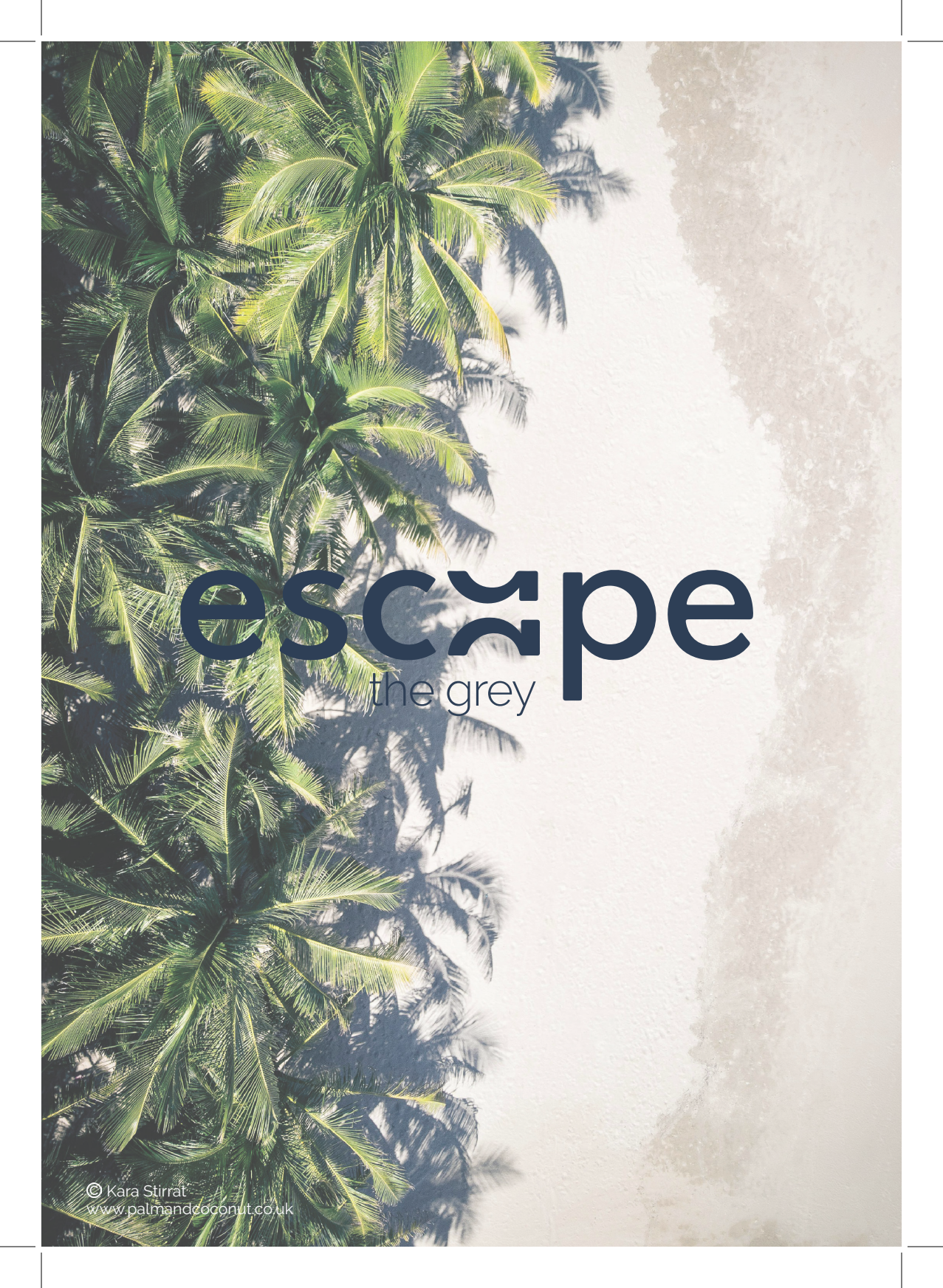
SERVICES

Social Media Management
Branding & Graphic Design
Photography & Content



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escape

the grey